



Monday	Tuesday	Wednesday	Thursday	Friday
 <b>FUN</b> <i>and</i> <b>SUN</b> 			1 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection	2 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection
5 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection	6 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection	7 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection	8 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection	9 Bagel Bag OR Cereal Bag OR Muffin Bag Assorted Fruit 100% Fruit Juice Milk Selection
12	13	14	15	16
19	20	21	22	23

## Get a Healthy Start to Your Day with School Breakfast!

**Each Entrée Comes with:**  
 Assorted Fruit  
 100% Fruit Juice  
 Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

**MASCHIO'S MAIN EVENT**

- Student Breakfast \$1.25
- Adult Breakfast \$1.75
- Reduced Breakfast \$0.30

take time for  
**school**  
 BREAKFAST



## Nutrition News

**June is National Dairy Month!**  
 Dairy foods help keep our bodies healthy by providing us with nine essential nutrients such as calcium and vitamin D. Vitamin D helps our bodies absorb calcium. Did you know, our bodies can make vitamin D from exposure to sunlight! Calcium and vitamin D make our bones and teeth strong! Aim for three servings of dairy a day (milk, yogurt, or cheese). Don't forget to select a cold low-fat milk with your lunch!

enjoy your  
**Summer Vacation!**



**MENU SUBJECT TO CHANGE**



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: [www.maschiofood.com](http://www.maschiofood.com)



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