

2022-2023

HEALTHY  
MEALS



# Alpha Public School

## Breakfast

<b>Student Breakfast</b>	\$1.75	<b>Adult Breakfast</b>	\$2.25
<b>Reduced Breakfast</b>	\$0.00		

## Lunch

<b>Student Lunch</b>	\$3.25	<b>Adult Lunch</b>	\$3.75
<b>Student Entrée Only</b>	\$2.55	<b>Reduced Lunch</b>	\$0.00
		<b>Pizza Slice</b>	\$2.55

## Beverages

<b>Milk</b>	\$.70	<b>100% Juice 4 oz.</b>	\$0.75
<b>Bottled Water 8oz/16 oz.</b>	\$0.65/1.25	<b>Capri Sun</b>	\$1.25
<b>Drinks 12oz</b>	\$1.50	.	

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$1.00	<b>Bagel with Butter</b>	\$1.25
<b>Yogurt 4oz</b>	\$1.00	<b>Bagel with Cream Cheese</b>	\$1.75
<b>Vegetable Side</b>	\$1.00	<b>Soft Pretzel</b>	\$1.00
<b>Small Side Salad</b>	\$1.75	<b>Fresh Baked Cookie</b>	\$0.65
<b>Baked Chips</b>	\$1..25	<b>Ice Cream Bar/ Cup/ Sandwich</b>	\$1..25
<b>Rice Crispy Treat</b>	\$1.25	<b>Ice Cream Cone/ Twister cup</b>	\$1.75
<b>Poptart</b>	\$1..25	<b>Packaged cookie</b>	\$1.00



"MASCIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

### FOLLOW US:

@MASCIOFOOD



Healthy meals grow

*healthy kids!*