

Alpha Public School
817 North Blvd
Alpha, NJ 08865

Phone: 908-454-5000

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Tylenol, Benadryl, & Tums
Administration in School

The school doctor has provided a standing-order to administer one or two 325mg tablets of **Tylenol** as needed for menstrual cramps/headache/pain. **Tums** – 1-2 tablets as needed for stomachache and heartburn. **Benadryl** – 1-2 tablets as needed for allergies or bee stings/bug bites. If any of these medications can be detrimental to your child’s health or if there is a change in your child’s health status, it is the responsibility of the parent to notify the School Nurse **in writing**.

If you want the nurse to administer Tylenol/Tums/Benadryl to your child for the **2026-2027** school year, please complete and sign the form below and have your child return it on the first day of school. The Nurse will have these medications available, you will not have to bring in your own. These medications will be used only if needed, ice for headaches and bug bites, ect. will be attempted first.

Thank you,

Laura Griffiths, MSN, RN, CSN-NJ
Alpha School Nurse

Please complete, sign and return to your homeroom teacher as soon as possible.

I give permission for the School Nurse at Alpha Public School to administer during the **2026-2027** school year.

Place an X next to what medication you would like the nurse to administer:

Tylenol _____

Tums _____

Benadryl _____

Students Name: _____

Signature of Parent/Guardian: _____ Date: _____